10. Indicate which of the following problems you have experienced:

	Right Leg	Left Leg	How Many Years?
a. Pain in your:			
Lower limbs	☐	☐	_____
Thigh	☐	☐	_____
Calf	☐	☐	_____
Leg	☐	☐	_____
Foot	☐	☐	_____
Other - please specify	_____		
b. Swelling of the legs	☐	☐	_____

11. If you experienced pain in your lower limbs:

	Yes	No
a. Is the pain exacerbated by:		
Extended periods in standing position	☐	☐
Heat	☐	☐
Menstrual periods	☐	☐
Exercising and/or walking	☐	☐
Medication	☐	☐
Other - please specify	_____	
b. Is the pain alleviated by:		
Elevation of the limbs	☐	☐
Elastic stockings	☐	☐
Walking and/or exercising	☐	☐
c. Indicate the type of pain		
Resting pain	☐	☐
Resting cramps	☐	☐
Night cramps	☐	☐
Tiredness	☐	☐
Heaviness in the legs	☐	☐
Burning sensation	☐	☐
Numbness	☐	☐
Pain in specific areas	_____	