

16. Allergies to nail polish?  Yes  No
17. Allergies to cosmetics?  Yes  No
18. Allergies or sensitivity to adhesive tape?  Yes  No
19. Does your work require a:
- Prolonged standing position  Yes  No
- Prolonged sitting position  Yes  No

20. In the course of a normal day, how much time is spent in a standing position?
- 10% of the day  20% of the day  30% to 50% of the day  More than 50%

21. Does walking or exercise relieve or aggravate the pain?  Yes  No

22. Do you jog, run, jump rope or aerobics?  Yes  No

How often per week? \_\_\_\_\_

23. Are you pregnant or planning pregnancy soon?  Yes  No

24. Number of past pregnancies and year of births \_\_\_\_\_

25. Do you spend long hours sitting?  Yes  No

26. Do you smoke cigarettes?  Yes  No

If yes, how many packs per day? \_\_\_\_\_

27. Do you wear elastic support stockings?  Yes  No

What kind? \_\_\_\_\_ How often? \_\_\_\_\_

28. Have you ever had a blood transfusion?  Yes  No

- |                                    | <u>Yes</u>               | <u>No</u>                |
|------------------------------------|--------------------------|--------------------------|
| 29. Are you taking any medication? | <input type="checkbox"/> | <input type="checkbox"/> |

Indicate which of the following you are taking:

Aspirin  Yes  No

Anticoagulants  Yes  No

Hormones or contraceptives (birth control pills)  Yes  No

Chemotherapy for any type of tumor  Yes  No

Thyroid medication  Yes  No

Cortisone  Yes  No

Insulin  Yes  No

Sedatives (sleeping pills)  Yes  No

Tranquilizers  Yes  No

Appetite suppressants  Yes  No

Others - please specify \_\_\_\_\_